

STANDARD OPERATING GUIDELINES

**DELTA-CARDIFF
VOLUNTEER
FIRE COMPANY**

S.O.G. E57-50 Revision: 0

SUBJECT: Crew Work/Rest Cycles

DIVISION: Ambulance

INITIAL DATE: 26 June 2003

EFFECTIVE DATE: 23 February 2004

PURPOSE: To define rest periods for EMS personnel.

APPLICABLE TO: All EMS Personnel

AUTHORITY: DCVFC Ambulance Committee

1. EMS personnel are not permitted to take assigned duty tours longer than 24 hours without at least an 8-hour rest period between duty assignments.
2. This rest period is required even if the member worked/volunteered the previous 24 hours for another employer/service.
3. Any EMS crewmember that knows that he/she will be working 24 hours without an 8-hour rest period shall notify the EMS Officer responsible for the Duty Roster as soon as possible.
4. The EMS crewmember shall make every attempt to cover the duty tour.
5. If any EMS crewmember fails to notify the appropriate EMS Officer that he/she has not had at least an 8-hour rest break after working 24 hours, he/she shall be subject to disciplinary procedures.

Approved: /s/ Anthony Hall

Title: Vice President